## HOW TO FIND YOUR SHOE SIZE



1 Place a sheet of paper on a flat surface against a wall and align your heel to the edge the wall.

| $\mathbf{1 0 0} \%$ SHOE LENGH AFTER MARKED |  |  |  |
| :---: | :---: | :---: | :---: |
| LG Measure | CM | INCHES |  |
| 36 | 22,7 | 9 |  |
| 37 | 23 | 9 | $1 / 8$ |
| 38 | 23,6 | 9 | $1 / 4$ |
| 38,5 | 23,9 | 9 | $1 / 2$ |
| 39 | 24,2 | 9 | $5 / 8$ |
| 39,5 | 24,5 | 9 | $3 / 4$ |
| 40 | 24,8 | 9 | $7 / 8$ |
| 40,5 | 25,1 | 10 | 10 |
| 41 | 25,4 | 10 | $1 / 4$ |
| 41,5 | 25,7 | 10 | $5 / 16$ |
| 42 | 26 | 10 | $3 / 8$ |
| 42,5 | 26,3 | 10 | $1 / 2$ |
| 43 | 26,6 | 10 | $5 / 8$ |
| 43,5 | 26,9 | 10 | $3 / 4$ |
| 44 | 27,2 | 10 | $7 / 8$ |
| 44,5 | 27,5 | 11 |  |
| 45 | 27,8 | 11 | $1 / 8$ |
| 45,5 | 28,1 | 11 | $1 / 4$ |
| 46 | 28,4 | 11 | $3 / 8$ |
| 46,5 | 28,7 | 11 | $1 / 2$ |
| 47 | 29 | 11 | $5 / 8$ |
| 48 | 29,3 | 11 | $7 / 8$ |
| 49 | 30,2 | 12 | $1 / 8$ |
| 50 | 30,5 |  |  |

2 Trace a line at the end of your toes.

3 Take the measure from your longest toe. Make sure to measure both feet. The measure of the longest foot is the size to use.

MEASURE UP TO HERE


The Garneau Standard fit is C. If your foot is larger than standard (D fit and over), we recommend choosing a half-size larger than the size suggested on the chart.

If you are purchasing shoes to wear mainly in fall/winter with thicker socks, we recommend measuring your feet with the socks you'll be wearing with the shoes.

